



**SPA AT COSTA D'ESTE BEACH RESORT OPENS DOORS
TO WELLNESS AND RELAXATION IN VERO BEACH**
~Gloria & Emilio Estefan's Beachfront Luxury Resort Offers Zen-Like Retreat ~

VERO BEACH, Fla.—Summer 2011 – The *Spa at Costa d'Este* (www.costadeste.com) offers resort guests, area visitors and residents alike a menu of tempting tropical treatments.

The bi-level spa is contemporary in design and features four treatment rooms and relaxation areas with sea-grass and Mother of Pearl mosaic-tile wall coverings, limestone surfaces, walnut wood furnishings and marble and wood-plank flooring. The Zen-like décor is calm and serene punctuated with the soothing and restorative sounds of rippling water.

Treatments reflect the region with global influences. The signature Hot Lava Shell Massage is Costa d'Este's twist on the classic hot stone massage. The Lava shell is heated and incorporated throughout the massage aiding in better penetration to sore muscles. The Spa also offers Ashiatsu, an ancient form of bodywork delivered with the massage therapist's bare feet using overhead bars for balance and support providing the deepest massage in existence.

A fitness center equipped with state-of-the-art cardio, circuit- and strength-training equipment, plus free weights is located opposite the spa.

"The *Spa at Costa d'Este* is a distinctive experience from the moment guests step in the door and exemplifies our philosophy that guests should want for nothing," says Monica Smiley, director of operations. "An increasing number of travelers list a premium-level spa as a must-have amenity when choosing a resort, and we are delighted to bring such a facility to Vero Beach." For more information, call toll-free 877-662-9919 or visit www.costadeste.com.

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Costa d'Este Beach Resort

Costa d'Este Beach Resort opened on Vero Beach in June 2008. The chic beachfront property redefined style, comfort and luxury on Florida's Treasure Coast. Stylish accommodations, contemporary Cuban-fusion cuisine and discreetly attentive service, coupled with an intimate bi-level spa, fully equipped gym and stunning infinity edge pool satisfy the most discerning world travelers. Costa d'Este is owned by the internationally acclaimed recording artist/producer couple Gloria and Emilio Estefan and is operated by Benchmark Hospitality International. For more information, visit www.costadeste.com or call toll-free 877-562-9919.

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